

NAME  
ALLERGIES

SURNAME

- I

### EMERGENCY KIT

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1. Adrenaline
2. Bronchodilator  
+ Inhalation chamber
3. Antihistamine
4. Others

#### EPIPEN



Pull off blue safety cap



Swing and push orange tip against outer thigh (with or without clothing)



Until a click is heard  
Hold firmly in place for 10 s  
Remove the auto-injector



Massage the injection site for 10 s

#### JEXT



Pull off the yellow cap



Place to back, tip against outer thigh



Push the black tip firmly into the outer thigh until a click is heard. Hold in place for 10 s, then remove



Massage the injection site for 10 s

#### ANAPEN

Code: 34-009



Android



Remove the black needle cap



Remove the black safety cap from red firing button



Hold the auto-injector against the outer thigh and press the red button



Hold it in position for 10 s, remove it and gently massage the injected site

#### EMERADE



Remove the needle shield



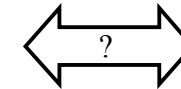
Place and press the auto-injector against the outer side of the thigh. You will hear a click when the injection has started. Hold it against the thigh for 5 seconds.



Firmly massage the injection site afterwards

### ALLERGIC REACTION

I HAVE TO EVALUATE IMMEDIATELY THE SEVERITY OF THE REACTION



THE REACTION IS SEVERE  
if one sign is present

- My voice changes
- I don't breath well, I'm wheezing, I'm coughing
- I have abdominal pain, vomiting
- Pruritus on palms, foots, scalp
- I don't feel weell
- I feel discomfort
- Other signs

This can be more severe  
if the manifestations are together

THE REACTION IS MODERATE IF

- My mouth stings, my lips swell
- My eyes sting, my nose runs
- Red patches that disturb me
- I have a little stomach ache and I feel like throwing up
- Other signs

But I talk  
and breathe normally

### IMMEDIATE ACTIONS

1. Lengthen the child or leave him sitting in case of respiratory problems
2. Inject intramuscularly in the outer site of the thigh
3. Call for help (SAMU - 15 or 112)  
(" If respiratory distresses, inhaler with the chamber  
4 to 10 puffs, to be repeated after 10 to 15 min depending on the distress.
5. Waiting for help, a second INJECTION of  
if the syptoms  
remain after 5 minutes or more

### ACTIONS RECOMMENDED

- 1.
- 2.
3. Keep the child under observation up to the complete disappearance of symptoms
4. Prevent the parents, contact the physician

If the symptoms persist,  
I have to reevaluate the severity